Emotional Intelligence and the Clear Connection of ECQs

Presenters: Dr. Lisa Ramirez & Blanca Sanchez

Introduction and Welcome

- Understanding Emotional Intelligence
- Executive Core Qualifications (ECQs)
- Connection Between EI and ECQs
- Political Savvy
- CCAR Model
- Tips for Candidates
- Conclusion and Q&A

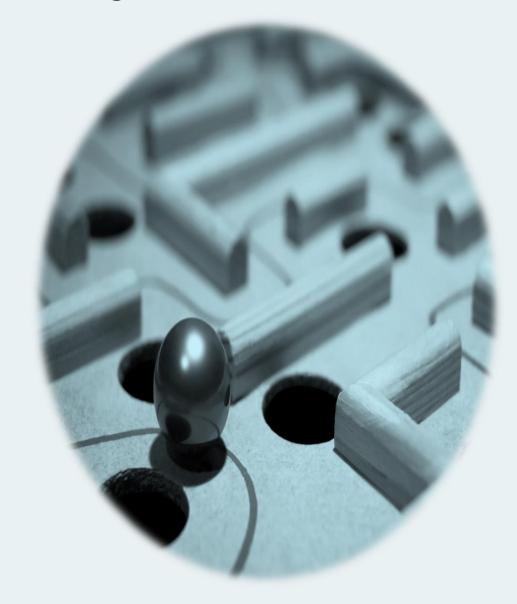
Agenda

Definition of Emotional Intelligence

EI is the ability to recognize, understand, and manage our own emotions and the emotions of others.

Understanding Emotional Intelligence

Components of Emotional Intelligence

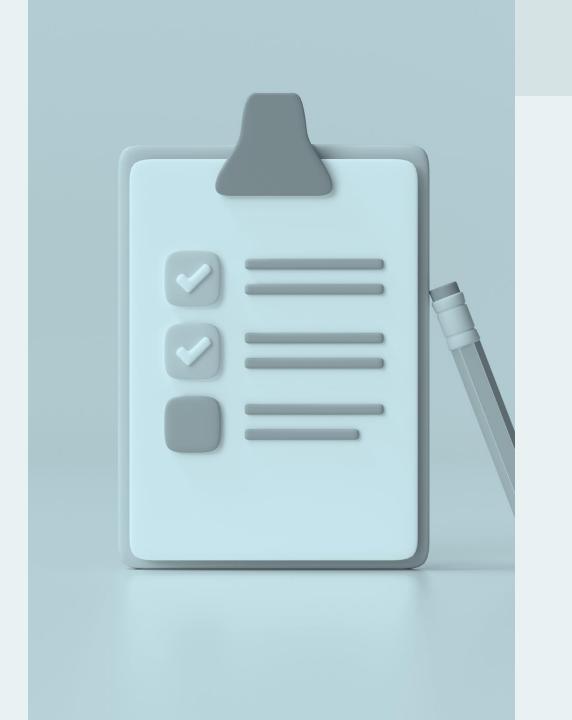


- ✓ Self-awareness
- ✓ Self-regulation
- ✓ Motivation
- ✓ Empathy
- ✓ Social skills

Understanding Emotional Intelligence

Let's rate your EI

5 minutes



Understanding Emotional Intelligence

Overview of Executive Core Qualifications (ECQs)

- ✓ Leading Change
- ✓ Leading People
- ✓ Results Driven
- ✓ Business Acumen
- ✓ Building Coalitions



Executive Core Qualifications (ECQs)

Connection Between Emotional Intelligence and ECQs

- 1. Leading Change: Emphasize self-awareness and self-regulation.
- 2. Leading People: Highlight empathy and social skills.
- 3. Results Driven: Connect motivation and self-regulation.
- 4. Business Acumen: Relate to self-awareness and social skills.
- 5. Building Coalitions: Focus on empathy and social skills.

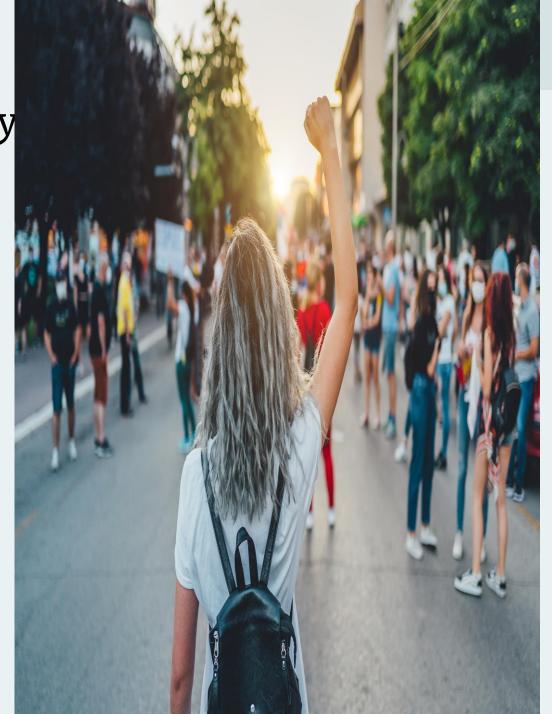


Executive Core Qualifications (ECQs)

Definition of Political Savvy

Political savvy is the ability to navigate complex political landscapes and build relationships.

The role of EI in Political Savvy -Empathy, social skills, and self-regulation contribute to political savvy.



Let's practice application to real world examples involving political challenges. Identify how EI could be applied to navigate the situation.

A senior leader is tasked with spearheading a cross-agency initiative to streamline government services, requiring collaboration between multiple federal agencies with different priorities and cultures.



Consider the following <u>Challenges and</u> Actions:

- 1. Self-awareness and self-regulation
- 2. Empathy
- 3. Social Skills &
- 4. Political Savvy to arrive at the
- 5. Result