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## AGENDA for the 2023 LULAC NATIONAL YOUTH CONVENTION

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### Saber es Poder, Knowledge is Power

*(Updated as of July 6, 2023)*

#### Wednesday, August 2<sup>nd</sup>

- 7:00 am to 5:00 pm  
(12-2 closed for lunch)      **LULAC National Convention Registration & Credentials**
- 9:00 am to 10:00 am      **Breakfast On Your Own**
- 10:10 am to 11:45 am      **Opening Assembly-Welcome**  
Join us as we go over the rules of the Youth Convention, what you can look forward to throughout the week and participate in ice breakers with fellow participants
- Activity: Icebreaker| Lightning Fast Friend Introductions**  
Pair up with someone in the room that you do not know, take 5 minutes to introduce yourselves to each other and learn at least two interesting facts about each other. We will then go around the room and have you introduce your partner to everyone else and share those facts with us.  
Moderator: Priscilla Garcia-LULAC National Programs Manager  
**Featured Speakers:** Richard Estrada III-LULAC National President for Youth
- 12:00 pm to 1:00 pm      **Ribbon-Cutting Ceremony and Exposition Open**
- 12:30 pm to 1:30 pm      **Lunch On Your Own**
- 6:00 pm to 10:00 pm      **New Mexico Celebration**      **Off Site**  
**Location: Civic Plaza**

#### Thursday, August 3<sup>rd</sup>

- 7:00 am to 5:00 pm  
(12-2 closed for lunch)      **LULAC National Convention Registration & Credentials**
- 7:00 am to 9:00 am      **Unity Breakfast**  
**Sponsored by:**  
*Included in Youth Registration Package*
- 9:15 am to 10:00 am      **Workshop: LULAC 101**  
You're part of a youth council, now what's next? Come learn how you can help make an impactful difference in your community through community service projects, social events, educational experiences and more through your Youth Council. Also learn about LULAC's history and the opportunities available to all youth members.  
**Moderator:** Debra Morales, LULAC National Program Coordinator

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**Albuquerque, NM • August 1 - August 5, 2023**

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**Featured Speakers:** Richard Estrada III, LULAC National Youth President, Ana Valenzuela, LULAC Past National VP for Youth, Mari Corugedo, LULAC National Youth Vice President

**Workshop: LULAC Youth-Then and Now**

Hear from past LULAC Youth and Young Adult members and see what they are doing now, how being a LULAC youth member helped them get to where they are, what advice they have for current youth members, and how it can impact your future.

**Moderator:** Bryan Villamar, LULAC National Program Coordinator

**Featured Speakers:** Yocelyn Riojas, Entrepreneur, Izmira Santiago, Managing Director-Latin Recording Academy, Jennifer Cortez, Equity Specialist-Ford Fund

10:10 am to 11:50 am

**Activity: Pending**  
**Guest: Los Alamos**

12:00 pm to 2:00 pm

**Defenders of Freedom Luncheon**  
*Included in Youth Registration Package*

2:15 pm to 3:00 pm

**Workshop: #Happy 😊, What's the Status of Your Mental Health?**

Do you use social media? Do you compare yourself to others that you see online? This workshop will discuss the effects of social media on young people's mental health and the issues that come from being online. Join an engaging discussion on breaking the stigma around mental health.

**Moderator:** Mateo Pierce-Mosquera, LULAC, DC

**Featured Speakers:** Ysidra Tellez, Executive Director-Breaking the Silence New Mexico, Laura Gomez, Tech Leader:data, diversity and AI/Latinx founder of several tech projects.

**Workshop: Breaking Bad Habits-A Healthy You is a Better You!**

Our friends and close circle have a significant impact on the habits we develop. Come learn how we can improve our well being, choose healthier habits, and the importance of nutrition and physical health.

**Moderator:** Izabella Vasquez, LULAC DC

**Featured Speakers:** Claudia Rodas, Tobacco Free Kids, Antony Graf, US National Taekwondo Team Member, and Larry Sunderland- US Men's National Soccer Team U17 Technical Director and FC Dallas Academy Director, Hugo Perez, El Salvador National Team Head Coach and former US National Soccer Team Member and Coach.

3:10 pm to 4:00 pm

**Activity: Forensics Activity-Pending**

4:00 pm to 6:30 pm

**Break**  
Youth and Chaperones are dismissed to freshen up for evening events

6:30 pm to 8:30 pm

**Youth & Young Adults Awards Ceremony**

**Master of Ceremonies:** Richard Estrada III, LULAC National Youth President

**Featured Speakers:** Rep. from Bill and Melinda Gates Foundation, Rep. from Latin Grammy, and Hugo Perez, El Salvador National Team Head Coach and former US National Soccer Team Member and Coach.

**Entertainment:** Nephtalí De León, Poet

**Sponsored by:** PepsiCo

*Included in Youth Registration Package*

### Friday, August 4<sup>th</sup>

7:00 am to 5:00 pm

**LULAC National Convention Registration & Credentials**

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(12-2 closed for lunch)

8:00 am to 9:00 am **Breakfast On Your Own**

9:15 am to 10:00 am **Workshop: Make Your Words Count-Effective Communication**

Learning how to get your point across clearly and effectively is an important skill to have in every aspect of your life. Communicating effectively will help strengthen and improve the relationships in your life both personal, in school and in your future careers. Join us as we discuss how to build communication skills and how to make sure we're getting our ideas across clearly.

**Moderator:** Izabella Vasquez, LULAC DC

**Featured Speakers:** Melanie Stansbury, United States Representative-New Mexico, Mari Corugedo, LULAC National Vice President for Youth, Dr. Carina Black, Northern Nevada International Center, Sol Ortega, Senior Advisor for Public Engagement, Office of Public Engagement, The White House

**Workshop: Unlocking the Leader Within You**

Come listen to leaders in their field discuss how school leadership translates to a work and personal setting. Learn how leaders use time management, conflict resolution, problem-solving, effective communication, and more efficiently.

**Moderator:** Kristin Austin, Rewriting The Code

**Featured Speakers:** Dr. Mara Queiroz-Vaughn, LULAC Council President, USCIS Ambassador, UNT Professor, Antony Graf, US National Taekwondo Team Member, and Larry Sunderland, US Men's National Soccer Team U17 Technical Director and FC Dallas Academy Director

10:10 am to 11:50 am **Activity: Building Strong Bonds**

Put the skills and knowledge you learned in the previous workshop to use in this activity! Work with your group mates to build a popsicle stick bridge that can hold 5 pounds for at least 45 seconds. Remember, poor communication skills will result in a poorly constructed bridge.

12:00 pm to 2:00 pm **Women's Hall of Fame Luncheon**

This event focuses on the contributions made by Latinas to the U.S. and features the induction of women into the LULAC Women's Hall of Fame.

*Included in Youth Registration Package*

2:15 pm to 3:00 pm **Workshop: Keep the Change! Basic Financial Skills**

Knowing how to be financially responsible is an important skill that will follow you through life. Join us as we discuss how to build basic financial skills such as creating a budget, the importance of credit, opening a bank account, how to save, and many more.

**Moderator:**

**Featured Speakers:** Ruben Barrales, Senior Vice President, External Engagement Diverse Segments, Representation and Inclusion Wells Fargo & Company

**Workshop: From Graduation to Prosperity- Navigating the financial road map after High School**

You've been accepted, now what? This workshop will teach you the difference between the types of student loans available, how to search for scholarships, federal grants, how student loans have an impact on your credit, and the basics for investing.

**Moderator:**

**Featured Speakers:** Emmanuel Caudillo, Senior Advisor at White House

3:10 pm to 4:00 pm **Closing Ceremony, Next Steps, Final Activity**

Hear some final words from LULAC leadership and participate in a final fun activity with your fellow youth convention attendees.

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**Activity: Close out with a BANG! Musical Bingo**

Listen to a small snippet of a song from different genres, guess the title and singer and match it up on your bingo card. First one to get BINGO wins a small prize.

**Moderator:** Priscilla Garcia, LULAC Program Manager

**Featured Speakers:** Domingo Garcia, LULAC National President, Rafaela Schwan, LULAC COO, Richard Estrada III, LULAC National Youth President

7:00 pm to 9:00 pm      **Presidential Awards Banquet (Black Tie)**  
*Included in Youth Registration Package*

### Saturday, August 5<sup>th</sup>

9:30 am - 12:30 pm      LULAC Youth General Assembly & Voting

1:00 pm - 5:00 pm      STEM Hands-On Activities with Kids  
Sponsors: Verizon

5:00 pm - 12:00 am      LULAC FEST